

Ingrédients

- 85g
- 250g
- 7g baking powder
- 2g baking soda
- 3g
- 3
- 360ml buttermilk
- 120ml
- 1
- 255g (+ muffins)
- 85g
- 15g
- 125g Jivara
- 360g T55
- 85g
- 250g
- 7g baking powder
- 2g baking soda
- 3g
- 3 (170g)
- 360ml (buttermilk)
- 120ml ()
- 1
- 255g (+ muffins)
- 85g
- 15g
- 125g Jivara

Préparation

1. , muffins- !
2. blog muffins .
3. , muffins : muffins & ;
Guy Demarle: FLAVIE10 10 / .
4. : Guy Demarle: FLAVIE10 10 / .
5. Norohy & ; Jivara Valrhona : ILETAITUNGATEAU 20%
().
6. T55 baking powder baking soda 3 () (buttermilk) () 1 (+ muffins) : , baking powder, , baking soda, .
7. : , , .
8. .
9. 15 .
10. ; muffins
11. muffins .

12. 220°C 7 , 175°C 12 14
13. muffins .
14. ganache Jivara: Jivara ; ganache.
15. (,) .
16. : , , ... ganache mont-
blanc ganache muffin.
17. !